

Name: _____

Synergy “Food From This Place” Film Project

SELF-ASSESSMENT RUBRIC

Criteria	YES!	Where are you on the continuum?	Not Yet!
Class Attendance and Participation	Ready to go when the bell rings Participated in class Stayed on task Self-motivated to seek out answers to questions and problems Positive attitude No unexcused absences Consent form returned.	5 4 3 2 1	Often late Unexcused absences Often off-task Leave class without permission Distracting to others Negative attitude Did not return consent form.
Inquisitiveness- I ask questions when I want answers	I was curious and pursued information that contributed to the project.	5 4 3 2 1	I didn't ask questions or look to learn new things.
Originality of Ideas - I can create unique ideas.	I contributed ideas and creative solutions to challenges we faced in our project.	5 4 3 2 1	I struggled to think of new ways of doing things. I prefer to do things as they have been done before.
Flexibility/Adaptability - Mentally, I can bend in different directions and not snap.	I was able to think of new ways of doing things when we got stuck. I recognized good ideas from others.	5 4 3 2 1	I did not contribute ideas, or help solve challenges. I was not willing to change my ideas or think of better ones.
Intrinsic Motivation - I want to do it. I know the purpose and believe in it.	I was excited to try and learn new things.	5 4 3 2 1	I did not push myself to learn something new. If something wasn't easy, I gave up altogether.
Risk Taking - I am willing to take on challenges and am not afraid to fail.	I tried something new even if I was uncomfortable or afraid of failure	5 4 3 2 1	I didn't try new things for fear of failing. I try a couple of times and gave up.
Persistence - I can stick with a project even when it gets hard.	When the going got tough, I used grit, determination and perseverance. I worked hard to finish the film.	5 4 3 2 1	I usually quit when I ran into a snag or something difficult.

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Reflective Questions:

- 1) **What were your main contributions to this film project?**

- 2) **What were the main ideas or skills that you feel you learned from doing this project?**

- 3) **How has your understanding of food that is produced in our place or region changed from doing this project?**

- 4) **What did you like about making a film?**

- 5) **What did you find challenging?**

- 6) **What would help make this project better next time?**